



**PORMPUR NGAMPLIN
PAM MONGTHAK**
ABORIGINAL CORPORATION

PNPM

News Week

- FORMERLY PORMPUR PAANTHU ABORIGINAL CORPORATION (PPAC) -

Issue
284

Monday 9
February
2026



ABOVE: Lots of people dropped in to say 'hello' at the PNPM Healing Centre Open Day last week.





FEB2026 Men's Support Services

Men's Support Program for men aged 18 and older.

THIS WEEK. **You are invited!** Bring someone with you.

<p>Monday 9 Feb</p> <p>Support & Chill</p>	<p>9:30am Bus from Healing Centre to Men's Shed 9:45am Biscuits & Tea at Men's Shed 10:00am one-on-one support 12:00pm Bus back from Men's Shed to Healing Centre</p> <p>Shed Open for Biscuits & Tea 1pm – 3:30pm Pool/Yarn</p>	
<p>Tuesday 10 Feb</p> <p>Program & Handwork</p>	<p>9:30am Bus from Healing Centre to Men's Shed 9:45am Biscuits & Tea at Men's Shed 10:00am Learning how to manage my emotions 11:00am Lunch 12:00pm Bus back from Men's Shed to Healing Centre</p> <p>Shed Open for Biscuits & Tea 1pm – 3:30pm Pool/Cultural Handwork (Spear-making, boomerang-making, etc)</p>	 
<p>Wednesday 11 Feb</p> <p>Support AA & Art</p>	 <p>9:30am Bus from Healing Centre to Men's Shed 9:45am Biscuits & Tea at Men's Shed 10:00am one-on-one support 12:00pm Bus back from Men's Shed to Healing Centre</p> <p>Shed Open for Biscuits & Tea 1pm – 3:30pm Pool/Art</p> <p>Please note: 11:00am AA meeting at Rise (if you are at the Men's Shed, we will take you to Rise)</p>	
<p>Thursday 12 Feb</p> <p>Fishing & Chill</p>	<p>9:30am Bus from Healing Centre to Men's Shed 9:45am Damper & Tea at Men's Shed 10:00am Bus/Ute out to fish 12:15pm Bus back from fishing to Healing Centre</p> <p>Shed Open for Biscuits & Tea 1pm – 3:30pm Pool/Yarn/Handwork/Art</p>	
<p>Friday 13 Feb</p> <p>Cultural & Feed</p>	<p>9:30am Bus from Healing Centre to Men's Shed 9:45am Biscuits & Tea at Men's Shed 10:00am Cultural Conversation 11:00am Lunch 12:00pm Bus back from Men's Shed to Healing Centre</p>	 

Call 0488 928 415 for more information and to arrange transport.

To report sly grogging, phone the confidential Sly Grog Hotline on 1800 500 815

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY